

Selsey Medical Practice
Chronic Obstructive Pulmonary Airways Disease (COPD)
Patient Information

WHEN TO USE YOUR ANTIBIOTICS AND STEROID RESCUE PACKS

- If you have more sputum than usual especially if the sputum is discoloured and darker than usual, start your course of antibiotics.
- If you are more breathless than usual, start your prednisolone.
- If you have more coloured sputum AND are more breathless than usual, start both your antibiotics and prednisolone.

Once you have started your rescue pack:

Ring the Practice to let us know you have started your rescue pack, you will need to speak to the COPD Practice Nurse or the duty doctor to get a new prescription and discuss your chest.